

# NEWSLETTER

## Term 4 Week 5

### VALUE OF THE WEEK

#### I work in Cooperation

- Allow others to learn
- Listen and communicate with courtesy
- Respect the property of others
- Actively accept the rights and differences of others
- Play safely and fairly



10<sup>th</sup> November 2022

#### SCHOOL CONTACT DETAILS

Principal: Ms Emma Jamieson

Deputy Principals: Miss Jackie Joseph   Mrs Kylie Callan

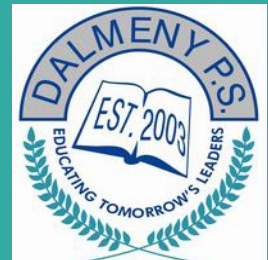
Email: [dalmeny-p.school@det.nsw.edu.au](mailto:dalmeny-p.school@det.nsw.edu.au)

Web: [dalmeny-p.schools.nsw.edu.au](http://dalmeny-p.schools.nsw.edu.au)

Address: Cnr San Marino & Dalmeny Drives, Prestons NSW 2170

Phone: 02 9826 9033

Fax: 02 9826 7433



Education

# SENIOR EXECUTIVE

## Australian Of The Year Awards

The nominations from NSW for the 2023 Australians of the Year were announced last week. The NSW Premier commended those nominated for making a hugely positive impact on our state. We are especially proud to announce that Mr Amar Singh, one of our very own parents, was the successful nomination from NSW to be in contention for the 2023 Australian Local Hero. He will now attend the Australia Day ceremony in Canberra next year.



For Mr Amar Singh, who founded **Turbans 4 Australia**, the nomination as the 2023 NSW Local Hero is a well deserved recognition of the work he and his team provide across many communities in NSW. Mr Singh believes helping others should not be limited by religion, language, or cultural background. He founded a charity after experiencing racial slurs and insults because of his Sikh turban and beard and wanted to show people they didn't need to be afraid and began helping struggling Australians. Every week, **Turbans 4 Australia** package and distribute up to 450 food and grocery hampers to people experiencing food insecurity in Western Sydney.

**Turbans 4 Australia** has delivered hay to farmers experiencing drought; supplies to flood victims in Lismore and bushfire-impacted people on the South Coast; and also food hampers to the isolated and vulnerable during COVID-19 lockdowns. The generosity of Mr Singh's charity has been extended to Dalmeny this term via donations of breakfast supplies to our student Breakfast Club. We extend our thanks for his efforts and sincerest congratulations to Mr Singh - very well deserved!

## Planning for the 2022-2023 Bushfire Season

Are you a member of the Rural Fire Services or a serving member of the NSW Fire Brigade and would be willing to offer your expert advice in the preparation of the Dalmeny PS Bushfire and Grassfire Response Plan? Our school was recently upgraded to a Category 3 Bushfire Prone School (is in a bushfire prone area with a moderate landscape to site bushfire risk). Parents should be reassured that this is a standard procedure and while we have been advised that the risk of impact to our site is extremely minimal, we have a responsibility to ensure that the plan we prepare will support the safety of everyone. Please contact our office on 98269033 if you would be willing to help us with this planning.



## Week 5

We have had a huge week, our stage 3 students have enjoyed their time away at The Great Aussie Bush Camp. Our thanks are extended to the Stage 3 teachers who gave up their own time away from their families to make this event possible.

On Thursday 10<sup>th</sup> and Friday 11<sup>th</sup> November, we will be sending 6 of our staff off to the 'Positive Schools' Conference. We look forward to gaining an in-depth knowledge of evidence-based systems approach to sustainable wellbeing, resilience and motivation within our school.

## Remembrance Day Assembly

On Friday 11<sup>th</sup> November, Mr Spolyarich and his team will host our school at a Remembrance Day assembly to be held under the COLA at 1pm. This is a school based event for students and staff only.

## K-2 Games Day

Our K-2 Games Day was a huge success, our staff and students had a fabulous day out in the glorious sun. We thank our parents who joined us for the day, it was so lovely to see you all. Thanks must be sent out to our P & C who hosted a stall for our students and parents. A huge thank you to Mrs Zagari, Mrs Munoz, Miss Sabellico and Mrs Hall who coordinated the day for us all.

## 2023 School Leaders

Congratulations to the 12 students selected to be student leaders next year. Final positions will be determined via a vote following speeches being held on Tuesday 22<sup>nd</sup> November beginning at 9:15am. Families of these students are welcome to attend!

## P&C Disco

Thank you to our P&C who coordinated our school discos enjoyed by the students in week 3.

## Parents Approaching Students

In recent weeks we have needed to address the issue of parents approaching and speaking to other students. Please be aware that this is not an acceptable practice. If you have a concern around any matters at school, please speak to a staff member and allow us to assist you in resolving any issues.



## Celebration Of Learning Assembly Organisation

To ensure the comfort of students and parents at our Celebration Of Learning Assemblies we will have three assemblies across the day. Please note that students receiving an award at this event will be notified via a letter. Final times will be advised shortly but preliminary details include:

Tuesday 6<sup>th</sup> December 2022

Assembly 1: Stage 3 and Special Awards

Assembly 2: Stage 2

Assembly 3: Early stage 1 and Stage 1

## 2023 Class Planning

Planning has been underway for our class formations in 2023. It is of vital importance that if you are NOT returning in 2023 that you, please inform the office via email [dalmeny-p.school@det.nsw.edu.au](mailto:dalmeny-p.school@det.nsw.edu.au)

The numbers of students enrolled will impact on how many classes we are entitled to have and also on students being placed into 2023 classes. We really want to finalise our classes as soon as we can, so information about students who will NOT be returning is vital for this to happen. Also, parents of students who plan to return from their holidays after school begins on Tuesday, 31 January 2023 are asked to let the school know in writing. This will help ensure that class positions are held for your child/ren.

## Attendance Matters

Congratulations to our students in **KANTEK** who were the winners of the mid term House point winners. The attendance points have been added to our token points for students showing our 5 core values in the playground. Kantek students will have an extra 10 minutes of play on Friday 11<sup>th</sup> November 2022.

## P & C News

Next Meeting will be 29<sup>th</sup> November at 6:30pm. All welcome!

Parent Helper Afternoon Tea- 2<sup>nd</sup> December at 1pm. Details to come.

### **VOLUNTEERS NEEDED:**

The Committee are looking for volunteers to assist with up coming events like K-2 games Day (Working With Children Check required). We welcome & appreciate any time you can spare. Please contact the P&C either via email

at: [dalmenypublicschool@pandcaffiliate.org.au](mailto:dalmenypublicschool@pandcaffiliate.org.au) OR via Messenger on the P&C Facebook Page - Dalmeny Public School P&C

## Kinder 2023 Orientation Information

Our Kinder 2023 orientation program has commenced with an online SeeSaw class as well as upcoming Online Parent Information Session on Wednesday 30<sup>th</sup> November at 5pm, further information to come.

Our Kinder 2023 enrollments have received a welcome email and unique SeeSaw login to join the SeeSaw Orientation class. The SeeSaw class is established to share important information as well as learning activities for our incoming students.

We are pleased to announce that we will be welcoming our kinder 2023 students and their families onsite for the morning on 1<sup>st</sup> December 2022. This onsite orientation will include a tour of the school, meeting some of our kinder teachers, and engaging in activities to help students feel more comfortable and confident when at school.



**Save the Dates**  
We will be hosting an online parent information session on **Wednesday November 30<sup>th</sup> 2022 at 5pm.**  
Our onsite orientation morning will be on **Thursday 1<sup>st</sup> December 2022.**  
More information to come.

# SAVE THE DATES

## Term 4:

13<sup>th</sup> December

Year 6 Graduation Day

16<sup>th</sup> December

Year 6 Farewell at Liverpool Catholic Club

16<sup>th</sup> December

Last Day of the year for all students

19<sup>th</sup> and 20<sup>th</sup> December

Staff Development Day (Staff only on site)

## Term 1, 2023:

27<sup>th</sup> January and 30<sup>th</sup> January

Staff Development Days (Staff only on site)

31<sup>st</sup> January

Years 1-6 commence school

6<sup>th</sup> February

Kindergarten commence school





# Information for applicants

For entry to selective high schools in Year 7 in 2024

## Ready to apply?

Apply online at:

[shsoc.education.nsw.gov.au](https://shsoc.education.nsw.gov.au)

Note: there may be changes to the dates and procedures in this document.

For the latest updates visit:

[education.nsw.gov.au/shs-oc](https://education.nsw.gov.au/shs-oc)

## Key Dates

**Application website opens**

18 October 2022

**Application website closes**

16 November 2022

**Test centre and test authority advice released**

20 April 2023

**Selective High School Placement Test**

4 May 2023

**Illness/misadventure requests submitted**

11 May 2023

**Placement outcome expected to be released**

Mid-August 2023

# TERM 4- CALENDAR

| Wk | Monday                               | Tuesday   | Wednesday  | Thursday  | Friday  |
|----|--------------------------------------|---|--|---|---|
| 5  | 7/11<br>Stage 3 Camp                 | 8/11<br>K-2 Games Day<br>Stage 3 Camp                               | 9/11<br>Stage 3 Camp   | 10/11   | 11/11<br>PSSA Round 4   |
| 6  | 14/11                                | 15/11<br>Year 3<br>Excursion –<br>The Australian<br>Pioneer Village | 16/11<br>Year 4<br>Excursion –<br>The Australian<br>Pioneer Village  | 17/11   | 18/11<br>PSSA Round 5   |
| 7  | 21/11                                | 22/11   | 23/11  | 24/11   | 25/11<br>PSSA Round 6   |
| 8  | 28/11                                | 29/11<br>P and C<br>Meeting<br>Sports<br>Presentation<br>Assembly   | 30/11<br>Sydney Special<br>Christmas<br>Party- Support<br>Unit<br>Kinder 2023<br>Online Parent<br>Information<br>Session | 1/12<br>Kinder 2023<br>Onsite<br>Orientation<br>Morning | 2/12<br>PSSA Round 7  |
| 9  | 5/12                                 | 6/12<br>Celebration<br>Learning<br>Assemblies                       | 7/12<br>Stage 2<br>Aquatopia Day<br>Kindergarten<br>Farm Excursion   | 8/12<br>Stage 3<br>Aquatopia Day                        | 9/12<br>PSSA Round 8  |
| 10 | 12/12                                | 13/12<br>Stage 1<br>Wellbeing Day<br>Year 6<br>Graduation Day       | 14/12  | 15/12   | 16/12<br>Last day of the<br>year for all<br>students<br>Year 6 Farewell |
| 11 | 19/12<br>Staff<br>Development<br>Day | 20/12<br>Staff<br>Development<br>Day                                |  |   |   |



# HEALTHY CANTEEN

Our canteen is open every day and offers students two menus - **one for everyday ordering before 9.00am and the second is the late order menu.** All food is Halal unless otherwise stated. Please refer to the attached menu and price list attached.



## healthy canteens menu



| SANDWICHES & WRAPS         |           |        | Green Choice |
|----------------------------|-----------|--------|--------------|
| E VEGEMITE OR JAM          | veg       | \$2.00 |              |
| E CHEESE                   | veg       | \$2.00 |              |
| E HAM                      |           | \$2.90 |              |
| E CHEESE & TOMATO          | veg       | \$3.30 |              |
| E HAM & CHEESE             |           | \$3.40 |              |
| E EGG                      | veg       | \$3.30 |              |
| E CHICKEN                  | WITH MAYO | \$3.90 |              |
| E EGG & LETTUCE            | veg       | \$3.90 |              |
| E CURRIED EGG & LETTUCE    | veg       | \$3.90 |              |
| E HAM, CHEESE & TOMATO     |           | \$4.00 |              |
| E CHICKEN & CHEESE         |           | \$4.00 |              |
| E SALAD                    | veg       | \$4.00 |              |
| E SWEET CHILLI CHICKEN     |           | \$4.50 |              |
| E HAM & SALAD              |           | \$4.50 |              |
| E CHICKEN, LETTUCE & MAYO  |           | \$4.50 |              |
| E CHICKEN, CHEESE & TOMATO |           | \$4.50 |              |
| E CHICKEN & SALAD          |           | \$4.50 |              |
| E CHICKEN CAESAR SALAD     |           | \$6.00 |              |

| SALAD BOWLS                                 |     |        | Green Choice |
|---|-----|--------|--------------|
| E GARDEN SALAD                              | veg | \$4.90 | GF           |
| LETTUCE, TOMATO, CUCUMBER, BEETROOT, CARROT |     |        |              |
| E CAESAR SALAD                              |     | \$4.90 |              |
| E SWEET CHILLI CHICKEN SALAD                |     | \$5.50 |              |
| E HAM & GARDEN SALAD                        |     | \$5.50 | GF           |
| E CHICKEN & GARDEN SALAD                    |     | \$5.50 | GF           |
| E CHICKEN CAESAR SALAD                      |     | \$5.50 |              |
| E EGG & SALAD                               |     | \$5.50 | GF           |
| CHOOSE ANY OF THESE DRESSINGS :             |     |        |              |
| CAESAR, ITALIAN, MAYO, FRENCH               |     |        |              |

| FRESH FRUIT                 |  |        | Green Choice |
|-----------------------------|--|--------|--------------|
| E FRUIT                     | WATERMELON, APPLE, BANANA, SEASONAL FRUITS | \$1.30 |              |
| E FROZEN ORANGES SNACK PACK |  | \$2.30 |              |
| E WATERMELON                | CHUNKS                                     | \$4.90 |              |
| E FRUIT SALAD               | SEASONAL FRUITS                            | \$5.40 |              |

| FOOD CODING                                      |                |                    |
|--|----------------|--------------------|
| VEG  | VEGETARIAN     | GF GLUTEN FREE     |
| E  | EVERYDAY RATED | O OCCASIONAL RATED |
| ALL ITEMS ARE HALAL (EXCEPT PORK BASED PRODUCTS) |                |                    |
| WRITE "GLUTEN FREE" ON YOUR LUNCH BAG            |                |                    |
| ALL OF OUR GLUTEN FREE ITEMS HAVE                |                |                    |
| "GF" NEXT TO THE PRICE                           |                |                    |

**SNACK DEAL \$ 2.80**

Choose One  
Popper - Water - Plain Milk

Popcorn or Fruit Piece  
Add 50c Oak Milk

| DRINKS                            |            |                       | Green Choice |
|-----------------------------------|------------|-----------------------|--------------|
| E POPPER                          | 100% JUICE | APPLE, ORANGE, ABC    | \$2.00       |
| E WATER                           | 600ML      |                       | \$2.00       |
| E PLAIN MILK                      | 300ML      |                       | \$2.00       |
| E OAK MILK                        | 300ML      | CHOCOLATE, STRAWBERRY | \$2.60       |
| E GLEE                            | 250ML      | 300% JUICE            | \$2.90       |
| RASPBERRY, GRAPE, WATERMELON SOUR |            |                       |              |
| E UP N GO                         | 250ML      | CHOCOLATE, VANILLA    | \$3.20       |
| E ICE TEA                         | 500ML      | PEACH, RASPBERRY      | \$3.80       |
| E ALOE VERA                       | 500ML      | GRAPE                 | \$3.80       |
| E HOT CHOCOLATE                   |            |                       | \$2.00       |

| ICE COLD TREATS   |                   |        | Green Choice |
|---|-------------------|--------|--------------|
| E FROZEN JUICE CUP  | ASSORTED FLAVOURS | \$1.50 | GF           |
| E FRUITY ICES   | ASSORTED FLAVOURS | \$0.60 | GF           |
| E SOUR SNAP APARTS  | ASSORTED FLAVOURS | \$1.00 | GF           |
| ICE BLOCKS ARE NOT PUT IN YOUR LUNCH ORDER BAG                                |                   |        |              |
| ASK YOUR CHILD TO GO AND COLLECT IT FROM THE CANTEEN DURING THEIR LUNCH BREAK |                   |        |              |
| YOGHURT   |                   |        |              |
| E VALIA YOGHURT   | VANILLA           | \$3.60 |              |

| SNACKS               |                  |        | Green Choice |
|----------------------|------------------|--------|--------------|
| E PANCAKE            |                  | \$1.00 |              |
| E POPCORN            | GF               | \$1.00 |              |
| E BROWNIE            | OUR FAMOUS SNACK | \$2.00 |              |
| E CHIPS              | 27g HONEY SOY    | \$2.00 |              |
| E PIRANHA RICE SNAPS | VEGE CRACKERS    | \$2.50 | GF           |
| E JELLY BOWL         |                  | \$1.60 | GF           |
| E BANANA BREAD       |                  | \$2.80 |              |
| E MUFFIN             | CHOCOLATE        | \$3.80 |              |



Register For Online Ordering  
[Flexischools.com.au](http://Flexischools.com.au)



| SUSHI ROLLS                         |     |        | Green Choice |
|-------------------------------------|-----|--------|--------------|
| E CHICKEN TERIYAKI                  |     | \$4.00 | GF           |
| E TUNA                              |     | \$4.00 | GF           |
| E VEGETARIAN                        | veg | \$4.00 | GF           |
| WRITE "SOY SAUCE" ON YOUR LUNCH BAG |     |        |              |
| IF YOU WOULD LIKE ONE FOR FREE      |     |        |              |

| EXTRAS                                    |  |        | Green Choice |
|---|--|--------|--------------|
| SAUCE PORTION - BBQ OR TOMATO SAUCE       |  | \$0.40 |              |
| TOMATO, BEETROOT, CUCUMBER, CARROT, ONION |  | \$0.50 |              |
| CHEESE SAUCE, SHREDDED CHEESE             |  | \$0.50 |              |
| CHICKEN, HAM, EGG                         |  | \$1.00 |              |

| HOT BITES                     |                             |        | Green Choice |
|-------------------------------|-----------------------------|--------|--------------|
| E CHICKEN NUGGETS             | 100% BREAD                  | \$0.90 |              |
|                               | EACH                        |        |              |
|                               | 4 PACK                      | \$3.40 |              |
|                               | 6 PACK                      | \$4.80 |              |
| E CHICKEN WINGS               | HOT & SPICY                 | \$1.60 |              |
| E MINI SPRING ROLL            | OVEN BAKED                  | \$1.00 | veg          |
| E CORN COB                    | veg                         | \$1.30 |              |
| E HASH BROWN                  | veg                         | \$1.40 | GF           |
| E GARLIC BREAD                | veg                         | \$2.70 |              |
| E CHEESE & BACON ROLL         | WARM                        | \$3.00 |              |
| E HOT DOG                     | WITH TOMATO SAUCE (CHICKEN) | \$3.70 |              |
| E GLUTEN FREE CHICKEN NUGGETS |                             | \$0.90 | GF           |
|                               | EACH                        |        |              |
|                               | 4 PACK                      | \$3.50 | GF           |
|                               | 6 PACK                      | \$5.00 | GF           |
| TOASTED WRAPS                 |                             |        | Green Choice |
| E CHEESE TOASTED WRAP         | veg                         | \$2.40 |              |
| E HAM & CHEESE TOASTED WRAP   |                             | \$3.40 |              |
| E CHICKEN, CHEESE & BBQ       | BBQ SAUCE                   | \$5.30 |              |
| E SWEET CHILLI CHICKEN        | CHEESE, SAUCE               | \$5.50 |              |

| PIES & PASTRIES                             |              |                | Green Choice |
|---|--------------|----------------|--------------|
| E PARTY PIE                                 | LOW FAT      | x3 \$4.50      | \$1.60       |
| E SAUSAGE ROLL                              | LOW FAT      |                | \$3.80       |
| E MEAT PIE                                  | LOW FAT      |                | \$4.80       |
| E POTATO PIE                                | LOW FAT      |                | \$5.00       |
| E BEEF PIE                                  | GLUTEN FREE  |                | \$5.40       |
| MEXICAN NACHOS                              |              |                | Green Choice |
| E BEEF NACHOS                               | HOME MADE    | ADD CHEESE 50c | \$4.90       |
| E VEGE NACHOS                               | TOMATO SAUCE | ADD CHEESE 50c | \$4.90       |
| E CHEESEY NACHOS                            | CHEESE SAUCE | veg            | \$4.90       |
| CUP OF NOODLES                              |              |                | Green Choice |
| E CHICKEN                                   |              |                | \$3.30       |
| E BEEF                                      |              |                | \$3.30       |
| E ORIENTAL                                  | veg          |                | \$3.30       |
| E TOM YUM                                   | HOT & SPICY  |                | \$3.30       |
| NOODLE CUPS ARE NOT PUT IN LUNCH ORDER BAGS |              |                |              |
| YOUR CHILD MUST GO AND COLLECT IT           |              |                |              |

| MEAL DEALS                          |                        |              | Green Choice |
|-------------------------------------|------------------------|--------------|--------------|
| <b>MONDAY</b>                       |                        | <b>\$6.6</b> |              |
| PASTA OR RICE                       | CHOOSE ANY ONE         |              |              |
| GLUTEN FREE LASAGNE OR MAC & CHEESE |                        | \$6.60       |              |
| <b>TUESDAY</b>                      |                        | <b>\$6.6</b> |              |
| HOME MADE PIZZA                     | CHOOSE ANY ONE         |              |              |
| <b>WEDNESDAY</b>                    |                        | <b>\$6.6</b> |              |
| BURGERS                             | CHOOSE ANY ONE         |              |              |
| + POPPER OR WATER                   | (ADD 50c FOR OAK MILK) |              |              |
| + POPCORN                           |                        |              |              |
| WRITE "MEAL DEAL" ON YOUR LUNCH BAG |                        |              |              |
| + THE FOOD & DRINK YOU WANT         |                        |              |              |

| PASTAS & RICE                          |             |        | Green Choice |
|--|-------------|--------|--------------|
| E BUTTER CHICKEN                       | WITH RICE   | \$4.50 | GF           |
| E BOLOGNESE PASTA                      | BEEF SAUCE  | \$4.50 |              |
| E CREAMY CHICKEN PASTA                 |             | \$4.50 |              |
| E FRIED RICE                           | veg         | \$4.90 |              |
| E MACARONI & CHEESE                    | veg         | \$4.90 |              |
| E LASAGNE                              | BEEF        | \$4.90 |              |
| GLUTEN FREE WRITE "GLUTEN FREE" ON BAG |             |        |              |
| E MACARONI & CHEESE                    | GLUTEN FREE | \$5.50 | GF           |
| E LASAGNE                              | VEGE        | \$5.50 | GF           |
| E LASAGNE                              | BEEF        | \$5.50 | GF           |

| BURGERS   |                                |        | Green Choice |
|---|--------------------------------|--------|--------------|
| E CHEESEBURGER                                      | BEEF, CHEESE, TOMATO SAUCE     | \$5.30 |              |
| E AUSSIE BEEF                                       | LETTUCE, TOMATO, BEETROOT, BBQ | \$5.30 |              |
| E CHICKEN   | BREAST FILLET, LETTUCE, MAYO   | \$5.20 |              |
| E CHICKEN & CHEESE                                  | BREAST FILLET, BBQ SAUCE       | \$5.20 |              |
| E HOT & SPICY CHICKEN BURGER                        | LETTUCE, MAYO                  | \$5.30 |              |
| SAUCES : BBQ, TOMATO, PERI PERI, MAYO, SWEET CHILLI |                                |        |              |
| HOME MADE PIZZAS                                    |                                |        | Green Choice |
| E CHEESE  | veg                            | \$4.00 |              |
| E HAM & CHEESE                                      |                                | \$4.80 |              |
| E PEPPERONI & CHEESE                                |                                | \$4.80 |              |