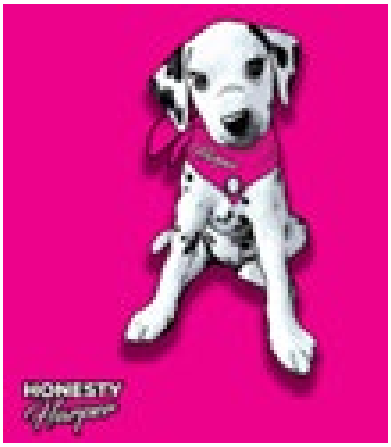
NEWSLETTER

Term 4 Week 1

VALUE OF THE WEEK

I Show Kindness

- Include people when you play
- Use your manners
- Do things to help



14th October 2022

SCHOOL CONTACT DETAILS

Principal: Ms Emma Jamieson

Deputy Principals: Miss Jackie Joseph Mrs Kylie Callan

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SENIOR EXEC

Welcome Back!

Term 4 has begun, and we are pleased to see our students coming back with smiles on their face after a break away. This term is a busy term full of learning, grade and whole school events. It is also our student reporting term as well as our presentation assemblies to celebrate learning and sporting achievements.
There are numerous excursions booked for this term and our students are looking forward to attending. Please ensure permission and payments are finalised by the closing dates to avoid disappointment.
Please note the change in dates for end of term, there will now be 2 staff development days at the end:
16th December
Last Day of the year for all students
19th and 20th December
Staff Development Day (Staff only on site)

School Photographs Reminder – 20th October 2022

Reminder our class photos are scheduled for Thursday 20th October 2022. The information for online ordering is included at the end of this newsletter.

Selective High School Applications

Selective High Schools are specifically designed to provide optimal learning conditions that will make a difference in supporting the development of academic talent and the wellbeing of high potential and gifted students. Opportunity classes and selective High Schools form part of the NSW Department of Education's commitment to identify and provide a range of opportunities for high potential and gifted students in NSW.
For entry to Year 7 in 2024, applications are expected to open on 18 October and close on 16 November 2022.
The Selective High School Placement Test will be held on 4 May 2023.
Information is included at the end of this newsletter.

Stage 3 Breakfast Club

Our Stage 3 teachers have been organizing and preparing a light breakfast for students of a morning in HomeBase1/HomeBase2. Stage 3 students are welcome to come to the Breakfast Club of a morning upon arrival to school to have something to eat to ensure they are ready to start the day. Our Stage 3 teachers would like to thank two organisations who have contributed and supported the initial setup and daily running of our Breakfast Club. We thank Turbas4Australia and David's Fresh at Prestons for their support and generosity.

Stage Three students and teachers would like to thank Turbans 4 Australia and David's Fresh, Prestons for their very generous support of our Breakfast Club trial. We are so very appreciative of your donations of bread, cereal, fruit, milk, margarine and Milo. Thank you both so very much.

Kinder 2023 Orientation Information

Our Kinder 2023 orientation program has commenced with an online SeeSaw class as well as upcoming Online Parent Information Session on Wednesday 30th November at 5pm, further information to come. Our Kinder 2023 enrollments have received a welcome email and unique SeeSaw login to join the SeeSaw Orientaiton class. The SeeSaw class is establish to share important information as well as learning activities for our incoming students. We are pleased to announce that we will be welcoming our kinder 2023 students and their families onsite for the morning on 1st December 2022. This onsite orientation will include a tour of the school, meeting some of our kinder teachers, and engaging in activities to help students feel more comfortable and confident when at school.

Kinder 2023 Orientation

30th November- Parent Information Session online at 5pm

1st December- Kinder 2023 Onsite Orientation morning

Anti-Bullying Information for Parents

Bullying is taken seriously and is not acceptable.

What Is Bullying?

Bullying is intentional, repeated behaviour by an individual or group of individuals that causes distress, hurt or undue pressure. This includes cyberbullying. It involves the abuse of power in relationships and can be:

* verbal eg threats, teasing
* physical eg hitting, punching
* social eg alienating, excluding
* psychological eg malicious rumours

If your child has a change in behaviour and incidents of a bullying nature are a possibility please follow the below steps.

What can you do to help?

- Assure your child that the problem can be solved.
- Contact the class teacher, grade supervisor or senior executive.
- Communicate and co-operate with the school to solve the problem together.
- Explain that bullies usually have a problem themselves and use bullying to make them feel good.
- Explain that bullies know that what they are doing is wrong and are scared of being found out.
- Develop your child's social skills, assertiveness and personal resilience.

What will we do?

- Assure your child that the problem can be solved and provide ongoing support.
- Consult with the grade assistant principal, classroom teacher and senior executive
- Investigate the problem.
- Treat everyone involved with fairness.

Take action that is appropriate to the particular circumstances via our Student Welfare policy and practices. This may include mediation, disciplinary action, social skills programs, counselling or parental involvement.

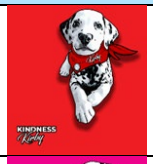
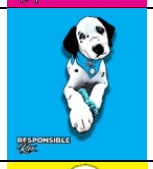
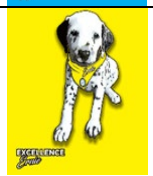
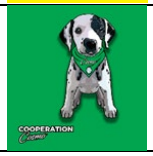
What can students do?

- Let a teacher know if they feel they are being bullied in any way.
- Let a member of the school executive know and work with them and parents to establish strategies to address the concerns and move towards a solution.
- Use *STAND* and/or THINK when faced with challenging situations.

Student wellbeing: Core values recognition System

A reminder we have launched our “Core Values Recognition” system at Dalmeny. The system is a vital component in our student wellbeing program, with a focus on maintaining a positive school culture that inspires students to strive for their personal best as safe, respectful and active learners, and to provide individual students with recognition of effort, achievement and progress, as based around our 5 core values

Dalmeny’s Core Values are:

	Value	Mascot Name	
I show	**Kindness**	**Kindness Kirby**	
I am	**Honest**	**Honest Harper**	
I like to be	**Responsible**	**Responsible Rex**	
I strive for	**Excellence**	**Excellence Ernie**	
I work in	**Cooperation**	**Cooperation Cosmo**	

- The Core Value Recognition System will span a student’s school life, between Kindergarten to Year 6 while enrolled at Dalmeny PS.
- Students will accumulate merit awards as they progress through a levelled award system, with the aim being to achieve a Principal’s Award within this timeframe.
- Students will be rewarded by school staff with colour-coded values tokens (pictured above), as acknowledgement for displaying the Core Values. These will be traded up for higher level certificates: Bronze -Assistant Principal, Silver - Deputy Principal, Gold - Principal
- Students will be responsible for attaching their tokens to an individual values chart that will be distributed to everyone. Please note that awards cannot be replaced if they are lost or damaged, so please look after them
- The system rolls over from year to year and the onus for safe-keeping, tracking and trading awards lies with the student.

Attendance Matters and House Points

Our attendance competition is progressing well, and our overall school attendance is showing pleasing improvement. Our teachers and leadership team continue to monitor attendance and have conversations with students and families to offer support to work together to improve individual student's attendance. As always, if your child/ren are sick we ask that you please keep them home.

Staff on playground duties will also be rewarding students who are demonstrating positive behaviours – behaviours that embrace our 5 core values - with a token in the colour of their sporting house.

Tokens collected during break times are placed in their allocated sporting house slot in the token collector, located outside the Planning Room.

We will be combining attendance points and playground tokens to recognise students who are excelling. This term the leading House in Week 5 and Week 10 will receive a reward. Good luck to all students. W wish **Fitzpatrick**, **Kantek**, **Minichiello** and **Wenden** the best of luck!

P & C News

P&C Disco is on 27th October

Next P&C Meeting is on 1st November 2022 in week 4.

VOLUNTEERS NEEDED:

The Committee are looking for volunteers to assist with up coming events like K-2 games Day and our annual disco (Working With Children Check required). We welcome & appreciate any time you can spare. Please contact the P&C either via email at: **dalmenypublicschool@pandcaffiliate.org.au OR via Messenger on the P&C Facebook Page - Dalmeny Public School P&C**

SAVE THE DATES

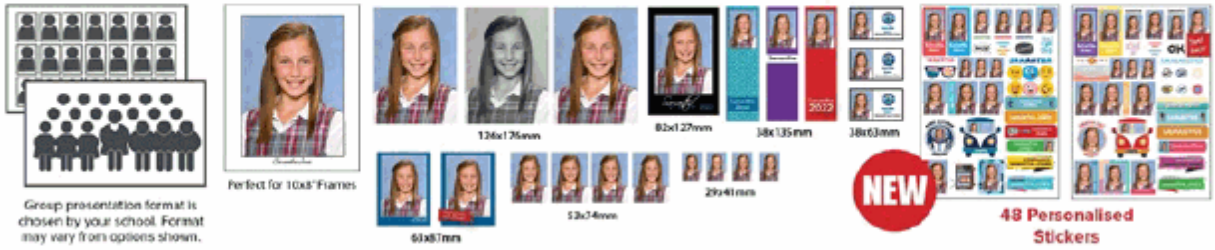
Term 4:

10th October
All students commence Term 4
8th November
K-2 Games Day
13th December
Year 6 Graduation Day
16th December
Year 6 Farewell at Liverpool Catholic Club
16th December
Last Day of the year for all students
19th and 20th December
Staff Development Day (Staff only on site)

Term 1, 2023:

27th January and 30th January
Staff Development Days (Staff only on site)
31st January
Years 1-6 commence school
6th February
Kindergarten commence school

school photographs are coming up soon



Please note: Traditional or Composite group and the presentation format are chosen by your school. Sibling photos, if available, can also be ordered online and must be ordered prior to your photo day. A late fee will apply for photos purchased after ordering has closed.

how to order

order online

Online payment options include Visa, Mastercard and PayPal. Alternatively, you can choose to pay over 10 weeks using LatitudePay.

STEP 1

Go to ***www.advancedlife.com.au*** on your computer, phone or tablet.

STEP 2

Enter your school code:

MR6 RR2 1LV

in the 'order and download' box. This will take you to your school's secure online ordering site.

STEP 3

Click on 'Order Photos' and complete your details and procedures. During this process you can place orders for additional children at your school and sibling photos, if available

LATITUDE PAY MasterCard VISA PayPal

cash/envelope ordering

Your school prefers orders to be placed online. However, if you are unable to order online, please complete your order using the order envelope provided.

STEP 1

Complete a separate order envelope for each individual child's package/s ordered. If ordering for more than one child, payment should be enclosed in the envelope of the eldest child and this should be indicated on the envelope of the other child/children (the envelope that does not have cash enclosed).

STEP 2

Enclose exact cash payment in one envelope for the package/s you are ordering. Payment for more than one child should be in the eldest child's envelope and marked at the bottom of the envelope in the space provided.

STEP 3

Return your completed envelope/s, with correct cash payment, to our photographers on the day.

Please note: You must enclose exact correct payment, as change is not available. Credit card payments can only be made online and we no longer accept cheques. There is a separate envelope for sibling photo orders, should your school choose to offer sibling photos.

School photographs will be returned to your school 4-6 weeks after the day of photography

IMPORTANT - "not for publication" students

If you have instructed your school that your child's image is "not for publication" (sometimes called "do not publish" or "not for media release" instructions), the school will ensure that your child is not presented to our photographers on photo day and school photographs will not be available for purchase. If you wish to change your instruction, then you must notify your school, so they change their records and identify your child as able to be photographed for school photography purposes. All students presented to our photographers by your school on photo day will be photographed, their images will appear in school photography packages with their fellow students and these packages will be available to purchase by all families.

Contact us: www.advancedlife.com.au/contact

advancedlife
school photography & print specialists

NSW Department of Education

Information for applicants

For entry to selective high schools in Year 7 in 2024

Ready to apply?

Apply online at:

shsoc.education.nsw.gov.au

Note: there may be changes to the dates and procedures in this document.

For the latest updates visit:

education.nsw.gov.au/shs-oc

Key Dates

Application website opens
18 October 2022

Application website closes
16 November 2022

Test centre and test authority advice released
20 April 2023

Selective High School Placement Test
4 May 2023

Illness/misadventure requests submitted
11 May 2023

Placement outcome expected to be released
Mid-August 2023

TERM 4- CALENDAR

Wk	Monday	Tuesday	Wednesday	Thursday	Friday
1	10/10 All students return to school	11/10	12/10	13/10	14/10
2	17/10	18/10 Selective HS Applications Open	19/10	20/10 School Photos	21/10 PSSA Round 1
3	24/10	25/10	26/10 Sport Photo Day	27/10 P and C Disco	28/10 PSSA Round 2
4	31/10	1/11 P and C Meeting	2/11	3/11	4/11 PSSA Round 3
5	7/11 Stage 3 Camp	8/11 K-2 Games Day Stage 3 Camp	9/11 Stage 3 Camp	10/11	11/11 PSSA Round 4
6	14/11	15/11 Year 3 Excursion – The Australiana Pioneer Village	16/11 Year 4 Excursion – The Australiana Pioneer Village	17/11	18/11 PSSA Round 5
7	21/11	22/11	23/11	24/11	25/11 PSSA Round 6
8	28/11	29/11 P and C Meeting Sports Presentation Assembly	30/11 Sydney Special Christmas Party- Support Unit Kinder 2023 Online Parent Information Session	1/12 Kinder 2023 Onsite Orientation Morning	2/12 PSSA Round 7
9	5/12	6/12 Celebration Learning Assemblies	7/12 Stage 2 Aquatopia Day Kindergarten Farm Excursion	8/12 Stage 3 Aquatopia Day	9/12 PSSA Round 8
10	12/12	13/12 Stage 1 Wellbeing Day Year 6 Graduation Day	14/12	15/12	16/12 Last day of the year for all students Year 6 Farewell
11	19/12 Staff Development Day	20/12 Staff Development Day			

HEALTHY CANTEEN

Our canteen is open every day and offers students two menus - **one for everyday ordering before 9.00am and the second is the late order menu**. All food is Halal unless otherwise stated. Please refer to the attached menu and price list attached.

healthycanteens.com.au

healthy canteens menu

healthycanteens.com.au

SANDWICHES & WRAPS

	SANDWICH	WRAP
E VEGEMITE OR JAM VEG	$ 2.00	
E CHEESE VEG	$ 2.00	
E HAM	$ 2.90	
E CHEESE & TOMATO VEG	$ 3.30	
E HAM & CHEESE	$ 3.40	
E EGG VEG	$ 3.30	
E CHICKEN WITH MAYO	$ 3.90	
E EGG & LETTUCE VEG	$ 3.90	$ 5.00
E CURRIED EGG & LETTUCE VEG	$ 3.90	$ 5.00
E HAM, CHEESE & TOMATO	$ 4.00	$ 5.30
E CHICKEN & CHEESE	$ 4.00	$ 5.30
E SALAD VEG	$ 4.00	$ 5.50
E SWEET CHILLI CHICKEN	$ 4.50	$ 5.50
E HAM & SALAD	$ 4.50	$ 6.00
E CHICKEN, LETTUCE & MAYO	$ 4.50	$ 6.00
E CHICKEN, CHEESE & TOMATO	$ 4.50	$ 6.00
E CHICKEN & SALAD	$ 4.50	$ 6.00
E CHICKEN CAESAR SALAD		$ 6.00

SALAD BOWLS

E GARDEN SALAD VEG (LETTUCE, TOMATO, CUCUMBER, BEETROOT, CARROT)	$ 4.90 GF
E CAESAR SALAD	$ 4.90
E SWEET CHILLI CHICKEN SALAD	$ 5.50
E HAM & GARDEN SALAD	$ 5.50 GF
E CHICKEN & GARDEN SALAD	$ 5.50 GF
E CHICKEN CAESAR SALAD	$ 5.50
E EGG & SALAD	$ 5.50 GF

CHOOSE ANY OF THESE DRESSINGS : CAESAR, ITALIAN, MAYO, FRENCH

FOOD CODING

VEG VEGETARIAN — GF GLUTEN FREE
E EVERYDAY RATED — O OCCASIONAL RATED

ALL ITEMS ARE HALAL (EXCEPT PORK BASED PRODUCTS)

WRITE "GLUTEN FREE" ON YOUR LUNCH BAG
ALL OF OUR GLUTEN FREE ITEMS HAVE "GF" NEXT TO THE PRICE

FRESH FRUIT

E FRUIT WATERMELON, APPLE, BANANA, SEASONAL FRUITS	$ 1.30
E FROZEN ORANGES SNACK PACK	$ 2.30
E WATERMELON CHUNKS	$ 4.90
E FRUIT SALAD SEASONAL FRUITS	$ 5.40

SNACK DEAL $ 2.80

Choose One
Popper - Water - Plain Milk
+
Popcorn or Fruit Piece
Add 50c Oak Milk

DRINKS

E POPPER 100% JUICE APPLE, ORANGE, ABC	$ 2.00
E WATER 600ML	$ 2.00
E PLAIN MILK 300ML	$ 2.00
E OAK MILK 300ML CHOCOLATE, STRAWBERRY	$ 2.60
E GLEE 250ML 100% JUICE RASPBERRY, GRAPE, WATERMELON SOUR	$ 2.90
E UP N GO 250ML CHOCOLATE, VANILLA	$ 3.20
E ICE TEA 500ML PEACH, RASPBERRY	$ 3.80
E ALOE VERA 500ML GRAPE	$ 3.80
E HOT CHOCOLATE	$ 2.00

ICE COLD TREATS 99% JUICE

E FROZEN JUICE CUP ASSORTED FLAVOURS	$ 1.50 GF
E FRUITY ICES ASSORTED FLAVOURS	$ 0.60 GF
E SOUR SNAP APARTS ASSORTED FLAVOURS	$ 1.00 GF

ICE BLOCKS ARE NOT PUT IN YOUR LUNCH ORDER BAG
ASK YOUR CHILD TO GO AND COLLECT IT FROM THE CANTEEN DURING THEIR LUNCH BREAK

YOGHURT

E VAALIA YOGHURT VANILLA	$ 3.60

SNACKS

E PANCAKE	$ 1.00
E POPCORN GF	$ 1.00
O BROWNIE OUR FAMOUS SNACK	$ 2.00
O CHIPS 27G HONEY SOY	$ 2.00
O PIRANHA RICE SNAPS VEGE CRACKERS	$ 2.50 GF
O JELLY BOWL	$ 1.60 GF
O BANANA BREAD	$ 2.80
O MUFFIN CHOCOLATE	$ 3.80

flexischools — Register For Online Ordering — Flexischools.com.au — flexischools

SUSHI ROLLS GLUTEN FREE

E CHICKEN TERIYAKI	$ 4.00 GF
E TUNA	$ 4.00 GF
E VEGETARIAN VEG	$ 4.00 GF

WRITE "SOY SAUCE" ON YOUR LUNCH BAG IF YOU WOULD LIKE ONE FOR FREE

EXTRAS

SAUCE PORTION - BBQ OR TOMATO SAUCE	$ 0.40
TOMATO, BEETROOT, CUCUMBER, CARROT, ONION	$ 0.50
CHEESE SLICE, SHREDDED CHEESE	$ 0.50
CHICKEN, HAM, EGG	$ 1.00

MEAL DEALS

MONDAY $6.6
PASTA OR RICE — CHOOSE ANY ONE
GLUTEN FREE LASAGNE OR MAC & CHEESE $6.60

TUESDAY $6.6
HOME MADE PIZZA — CHOOSE ANY ONE

WEDNESDAY $6.6
BURGERS — CHOOSE ANY ONE

+ POPPER OR WATER (ADD 50c FOR OAK MILK) + POPCORN

WRITE "MEAL DEAL" ON YOUR LUNCH BAG + THE FOOD & DRINK YOU WANT

HOT BITES

O CHICKEN NUGGETS 100% BREAST	EACH	$ 0.90
	4 PACK	$ 3.40
	6 PACK	$ 4.80
E CHICKEN WINGS HOT & SPICY	EACH	$ 1.60
E MINI SPRING ROLL OVEN BAKED VEG		$ 1.00
E CORN COB VEG		$ 1.30
O HASH BROWN VEG		$ 1.40 GF
E GARLIC BREAD VEG		$ 2.70
E CHEESE & BACON ROLL WARM		$ 3.00
E HOT DOG WITH TOMATO SAUCE (CHICKEN)		$ 3.70
O GLUTEN FREE CHICKEN NUGGETS	EACH	$ 0.90 GF
	4 PACK	$ 3.50 GF
	6 PACK	$ 5.00 GF

TOASTED WRAPS

E CHEESE TOASTED WRAP VEG	$ 2.40
E HAM & CHEESE TOASTED WRAP	$ 3.40
E CHICKEN, CHEESE & BBQ BBQ SAUCE	$ 5.30
E SWEET CHILLI CHICKEN CHEESE, SAUCE	$ 5.50

PASTAS & RICE

E BUTTER CHICKEN WITH RICE	$ 4.50 GF
E BOLOGNESE PASTA BEEF SAUCE	$ 4.50
E CREAMY CHICKEN PASTA	$ 4.50
E FRIED RICE VEG	$ 4.90
E MACARONI & CHEESE VEG	$ 4.90
E LASAGNE BEEF	$ 4.90

GLUTEN FREE WRITE "GLUTEN FREE" ON BAG

E MACARONI & CHEESE GLUTEN FREE VEG	$ 5.50 GF
E LASAGNE VEGE GLUTEN FREE VEG	$ 5.50 GF
E LASAGNE BEEF GLUTEN FREE	$ 5.50 GF

PIES & PASTRIES

O PARTY PIE LOW FAT	x 3 $4.50	$ 1.60
O SAUSAGE ROLL LOW FAT		$ 3.80
O MEAT PIE LOW FAT		$ 4.80
O POTATO PIE LOW FAT		$ 5.00
E BEEF PIE GLUTEN FREE		$ 5.40 GF

MEXICAN NACHOS GLUTEN FREE

O BEEF NACHOS HOME MADE ADD CHEESE 50c	$ 4.90 GF
O VEGE NACHOS TOMATO SALSA ADD CHEESE 50c VEG	$ 4.90 GF
O CHEESEY NACHOS CHEESE SAUCE VEG	$ 4.90 GF

CUP OF NOODLES

O CHICKEN	$ 3.30
O BEEF	$ 3.30
E ORIENTAL VEG	$ 3.30
O TOM YUM HOT & SPICY	$ 3.30

NOODLE CUPS ARE NOT PUT IN LUNCH ORDER BAGS
YOUR CHILD MUST GO AND COLLECT IT

BURGERS

E CHEESEBURGER BEEF, CHEESE, TOMATO SAUCE	$ 5.30
E AUSSIE BEEF LETTUCE, TOMATO, BEETROOT, BBQ	$ 5.30
E CHICKEN BREAST FILLET, LETTUCE, MAYO	$ 5.20
E CHICKEN & CHEESE BREAST FILLET, BBQ SAUCE	$ 5.20
E HOT & SPICY CHICKEN BURIGER LETTUCE, MAYO	$ 5.30

SAUCES : BBQ, TOMATO, PERI PERI, MAYO, SWEET CHILLI

HOME MADE PIZZAS

E CHEESE VEG	$ 4.00
E HAM & CHEESE	$ 4.80
E PEPPERONI & CHEESE	$ 4.80