



DALMENY PUBLIC SCHOOL



Parent Information Booklet

School Information:

Address: 1612 Dalmeny Drive, Prestons NSW 2170
Phone 9826 9033
Fax 9826 7433
Email dalmeny-p.school@det.nsw.edu.au
Website www.dalmeny-p.schools.nsw.edu.au

School Office Hours: 8.30am-3.30pm
School Hours: 9:00am-3.00pm
Playground supervised from 8.30am

Supervision

Children are supervised closely during the school day. Morning supervision commences at 8.30am and we encourage you to send your child after this time. There is no supervision provided on the playground until 8.30am. Students are supervised and are expected to play quietly until the bell rings at 8.57 am (no ball games)

Should your children require supervision outside of the normal school hours, Cubbyhouse Childcare provides before and after school care on-site.

Staff Information

PRINCIPAL:	Mr Clayton Reddie		
DEPUTY PRINCIPALS:	Mrs Selena Gandy	Mrs Heather Ale	Miss Jackie Joseph
ASSISTANT PRINCIPALS:	Mrs Alyse Hezemans	Mrs Traci Testone	Mrs Amanda Woudsma
	Ms Kerrie Lowndes	Mrs Kylie Callan	Ms Michelle Carrington
SCHOOL COUNSELLOR:	Mr Justin Lim		
ADMIN MANAGERS:	Mrs Maxine Eggins	Mrs Merrvat Nour	
ADMIN ASSISTANTS:	Mrs Bridget Adamson	Mrs Joanne Milton	Mrs Kelly Zeeman
SCHOOL LEARNING SUPPORT OFFICERS	Mrs Carolyn Cauchi	Mrs Janelle Cejpek	Mrs Jessica Eggins
	Mrs Julie Evans	Mrs Vola Jaber	Mrs Yougeta Prasad
	Mrs Grace Rosch	Mrs Sally Sarcevic	Mrs Jackie Stojcevski
	Mrs Narelle Stott		
GENERAL ASSISTANTS:	David Burfitt / Stephen Melville		

About Dalmeny Public School

Dalmeny Public School, established in 2003 and set in attractive, spacious grounds, is situated within a new and growing housing estate in Prestons. The school is committed to providing quality learning opportunities for all students within a positive, safe and supportive learning environment.

Dalmeny PS promotes an active partnership between students, parents and teaching staff and enjoys a positive community image. The school offers a balanced and comprehensive curriculum which includes an effective focus on quality early learning, literacy, numeracy and technology programs. Dalmeny is creating a record of strong participation and achievement in sport, the creative and performing arts and environmental education. We have a focus on an Australian Curriculum supported by quality teaching, student centred frameworks, quality professional learning and curriculum breadth and access for all students. The students in our four special education classes are offered a wide range of experiences including integration into whole school programs

Dalmeny PS provides a learning environment which encourages all students to develop effective self-discipline, communication, creative thinking and problem solving skills based on a growth mindset and resilience through the core values of NSW public schools which include respect, responsibility, co-operation, excellence, fairness and care.

PRINCIPAL'S MESSAGE

Welcome to Dalmeny Public School. The education of your child is a partnership between you, the parents, and us, the staff. We hope that your child's time at this school will be both happy and rewarding. Contact between home and school is important so we hope that we will have the opportunity of seeing you often at school. We look forward to your support and involvement in school activities. We are sure you will become as proud of our school as we are.

This booklet has been designed to provide you with important information about Dalmeny Public School and how it operates. We hope it will be of value as a ready reference and source of information about our school, its organisation and policies. The booklet will always be subject to amendments as ideas and internal of Departmental procedures change.

Input from parents is highly valued at Dalmeny PS. If you are unable to attend our P&C meetings, please feel free to contact the school if you have any concerns or ideas to express. Your support for the school through its educational and social activities will be welcomed and appreciated.

Clayton Reddie
Principal

CALENDAR 2019



TERM 1	<i>Staff return</i>	Tuesday, 29 January	
	<i>Years 1-6 resume school</i>	Wednesday 30 January	
	<i>Kindergarten Best Start Assessments</i>	30 January to 4 February	
	<i>Kindergarten commences</i>	Tuesday 5 February	
	<i>Term 1 ends</i>		Friday 12 April
TERM 2	<i>Staff return</i>	Monday 29 April	
TERM 2	<i>K-6 resume school</i>	Tuesday 30 April	
	<i>Term 2 ends</i>		Friday 5 July
TERM 3	<i>Staff return</i>	Monday 22 July	
	<i>K-6 resume school</i>	Tuesday 23 July	
	<i>Term 3 ends</i>		Friday 27 September
TERM 4	<i>Teachers & K-6 resume</i>	Monday 14 October	
	<i>Term 4 ends for students</i>		Wednesday 18 December
	<i>Staff finish</i>		Friday 20 December

Anaphylaxis

Anaphylaxis is a severe and sudden allergic reaction. It is the responsibility of parents to notify the school if their child is at risk of an anaphylactic reaction. This should be done either at the time of enrolment, or as soon after diagnosis as possible if the child is already enrolled. Parents must also supply the school with a current ASCIA Plan, printed in colour and signed by a doctor, and all prescribed emergency medication per the plan. Please make an appointment with our Principal to discuss the development of an Emergency Care Plan for your child. Parents must supply an EpiPen for their child if required. EpiPens must be clearly labelled with the child's name. These are kept in the sick bay. ASCIA Plans must be reviewed annually and EpiPens replaced when due to expire.

Assemblies

K-2 and 3-6 assemblies are held weekly. The emphasis of these assemblies is on children sharing their learning. Teachers hand out Merit Certificates, as well as recognising student achievement in other areas. Assemblies provide a forum for teachers to speak to a group regarding behaviour and attitude as well as highlighting upcoming events.

Assemblies alternate fortnightly between Grades 3-4 and 5-6 on Thursday afternoons and Kinder and Grades 1-2 on Friday afternoons.

Parents, relatives and friends are welcome to attend. Assembly dates and presenting classes are advertised in the newsletter.

Attendance

Regular attendance is essential to ensure that your child receives a consistent learning program and progresses in all areas of schoolwork. Government legislation requires that students attend each day that instruction is provided. Non-attendance is justifiable only on grounds of 'sickness, danger of infection, infirmity, misadventure or unforeseen event'. (*Department of School Education School Attendance Policy, 1991*).

If your child is absent from school for any period, a note to the teacher is required when the child returns to school. If the absence is longer than a single day we would appreciate a phone call to the school early in the absence, as well as a note upon the return of the child. Where there is no explanation for an absence after 7 days it is annotated in the attendance register as an 'unexplained absence'. A booklet of absence explanation notes is issued to you at enrolment. These make return of notes simple. Additional booklets are available upon request.

Please be aware that we have a responsibility to contact parents after a child has been absent for 3 consecutive days and when no explanation has been received.

If your child arrives at school after the music bell has finished, it means they are late for the start of the school day. Please visit the office to request a late slip **before** taking them to the classroom.

Should it be necessary to take your child out of school early at any time you will need to go to the office to obtain an 'Early Departure' slip before you pick your child up from the classroom.

If you are taking your child on an extended holiday/overseas etc., please advise our office staff who will assist you with the paperwork that you must complete. A "Certificate of Extended Leave" will be issued that may be used to verify why your child is not at school.

Home School Liaison Officer

The Department of Education and Training provides schools with Home School Liaison Officers (HSLOs) who assist schools, parents and students to support attendance where it is irregular or infrequent. Referral of a student is made where there have been a significant number of unjustifiable absences and where efforts on behalf of the school have not been successful.

Banking

You can start to foster good saving habits for your children through a Commonwealth Dollarmite Banking Account. We have the application forms available from the office. Please bring your yellow banking wallet and deposit to school on Friday mornings. Parent volunteers will collect, process and return banking wallets on the same day.

Before And After School Care – Cubbyhouse Childcare: 1300 553 583

Before and After School Care, now called "Out Of School Hours Care" (OOSH) is provided in the hall at Dalmeny Public School by Cubbyhouse Childcare.

Information about this service is available online at: www.cubbycc.com.au or by ringing them directly on 1300 553 583

Birthdays

While we are happy for children to share their birthday celebrations in class at school, please keep it simple. It is preferred if cupcakes or muffin size cakes (one per student) are sent. This is a quicker and cleaner way of sharing the "cake experience". Also, please do not send other party food items – no lolly bags, chips or soft drinks. These foods do not support our "healthy food at school" ethic which we are currently promoting. Please be aware that some children may have food allergies and are unable to share with other class members.

Bus Passes

The School Opal card gives eligible students free or discounted travel between home and school. A School Opal card is currently free for all students in K-2 at Dalmeny PS. Students in grades 3-6 need to be living a minimum 1.6km straight line distance or 2.3km walking, to qualify. To apply, please complete an online application at:

www.transportnsw.info/school-students

Our office staff will approve eligible applications electronically and the School Opal card will be sent to your home address. Students must carry this Opal bus pass with them at all times and show it when entering the bus.

Parents should visit www.transportnsw.info/school-students for enquiries regarding lost, stolen or damaged passes.

For further information and bus route details please contact Interline Bus Services on PH: 97657222.

There is an expected code of conduct for all students using buses. It is essential that parents discuss with their children the need for good behaviour and caution when getting on and off the bus and while travelling on the bus. In the event of repeated misbehaviour the bus driver may withdraw the bus pass. Children using the bus in the afternoon are asked to wait in the allocated area before the supervising teacher walks with them to the bus.

Canteen

Our school canteen is open Monday to Friday and is currently leased and managed by "Healthy Canteens Australia". The menu meets the guidelines set out in the Healthy School Canteen Strategy and our school community adheres to the [Nutrition in Schools Policy](#) which supports the strategy. It is essential that children have a balanced and sensible diet. Orders should be written on bags with the correct money inside and placed at the canteen before 9.00am. There is a limited breakfast menu available for purchases prior to commencement of the school day and children can also buy snack food, drinks and fruit at lunch and afternoon tea times.

Our school canteen uses Flexischools online ordering as an alternative to paper bag orders where no cash is required. This system allows you to place orders up to 9:00am daily, or the option exists to order up to a week in advance. Registration is easy and free. Go to www.flexischools.com.au and register now.

Change of address and contact numbers

It is very important that the school be immediately notified, in writing, of any changes to address, telephone numbers, family arrangements and Family Court Order arrangements or emergency contact information so that our records are kept current. This information is essential so that we are able to contact you in the event of an emergency or illness.

If both parents are at work during school hours we need to know your place of work and telephone number in the event of emergency or illness. If you are not working now but plan to commence work later in the year, please remember to notify us of any change of contact details.

Emergency Contacts: It is essential that all students have a minimum of 1 (preferably 2 additional contacts who can be called in the instance that parents cannot be contacted. Please ensure these details are also kept up to date.

Child Protection and Drug Education Programs

The Child Protection and Drug Education programs which are part of our curriculum provide valuable opportunities for young people to develop skills in identifying and responding to unsafe or difficult situations, seeking assistance effectively and how to establish and maintain positive relationships. As these lessons are now an integral part of the Personal Development, Health and Physical Education (PD/H/PE) curriculum, all children will be expected to participate. Your child will only be withdrawn from the class for the duration of the lesson if a written parental request is received.

Contacting the School

Many parents have day to day contact with their child's teacher when they bring their child to school. Not all parents are able to do this. Sometimes a situation arises which causes your child concern. A word between parent and teacher can resolve this situation. Please do not

hesitate to contact your child's teacher, grade supervisor or Deputy Principal if you require further assistance.

While we encourage regular contact between parents and teachers, there are times during the day when teachers are unable to meet with parents because they are teaching or have other school commitments. Please contact the school office and arrange a time to meet. The school has an 'open door' policy, and encourages parent participation

Please ensure you sign the Visitor Register in the school office when visiting the school.

Community Involvement: P&C ASSOCIATION

"P & C" refers to the Parents and Citizens' Association. The Dalmeny P&C meets on the Tuesday of school weeks 4 and 8 each term at 7.00pm. The P&C is an open forum for all parents. The P&C works in partnership with the school to achieve school goals, including fundraising. It provides the school with a great deal of assistance, both financially and in other ways. Attending meetings and becoming involved will allow you to be better informed about the operation of the school and also about issues affecting the welfare and education of students at Dalmeny.

We encourage the participation of parents in school activities. A warm welcome is extended to all parents – new faces, fresh ideas and support are always received with open arms.

Counsellor

The school Counsellor plays a key role in the welfare of the children at the school. The Counsellor provides information and advice regarding the learning and behaviour of students and in consultation with parents and teachers, the Counsellor works towards achieving positive outcomes for the student and other parties. Counselling services include:

- Individual counselling to help students with problems.
- Individual educational and psychological assessment.
- Access to support programs
- Liaison with external agencies.
- Individual support and counselling to help students with their relationship.

If you have any concerns about your child's intellectual or emotional development and wish to speak to the school counsellor, an appointment can be made through the office.

Fruit Break

Fruit Break is a way of encouraging students to eat fruit and or vegetables while at school. Students are encouraged to bring fruit or vegetables (parents of our junior students may like to cut this up) and water, to eat during this 10 minute break.

Curriculum

At Dalmeny we offer a wide range of learning opportunities which provide students with the skills necessary to become contributing members of our school and community. The curriculum, based on NSW Educational Standards Authority (NESA) syllabus documents, and with a focus on literacy and numeracy, is balanced, comprehensive and challenging. Learning programs are divided into the six Key Learning Areas (KLAs) of:

- English (reading and viewing, writing and representing. speaking and listening);
- Mathematics;
- Science & Technology;
- Human Society and its Environment (HSIE);
- Creative Arts (music, visual arts, dance and drama);
- Personal Development, Health and Physical Education (PDHPE)

Each syllabus is written around outcomes for student learning. At each stage of learning there are outcomes that students are expected to attain by the end of the stage. Each teacher will formulate a teaching and learning program for the students in their class based on the needs of the students, the outcomes and the syllabus documents.

The syllabuses are available on the NESA website: <http://www.boardofstudies.nsw.edu.au>

Custody/Court Orders

Parents are responsible for providing the school with up-to-date custody orders that are mandated by the Family Court. This includes access, pick up and drop off times, access to student documentation and photos, negotiated arrangements etc.

No custody information can be entered on school records without the original documentation being sighted. This information is strictly confidential but is necessary to enable the school to provide the best possible care for children.

English as an Additional Language/Dialect (EALD)

Our EALD teachers assist children whose home language is not English. Children are provided with intensive language instruction or the EAL/D teacher works in the classroom with the child's teacher

Enrolments

School enrolment zones exist for all schools. All students living within a school's zone are guaranteed enrolment at that school. Application can be made for an Out of Area placement but allocation of a position cannot be guaranteed.

When enrolling your child please ensure that you have completed the forms fully so that the school has all the necessary information. You will be required to provide documents to verify your child's name, birth date, nationality and residential address.

Kindergarten Enrolment

If your child will be five years of age on or before 31st July he/she is eligible for enrolment in the following school year. An enrolment application may be obtained from the school office. By law all students must start school by the age of six. Once enrolled in school, students are expected to attend every day.

Documentary evidence of date of birth (certificate or passport) and immunisation certificates must be shown at enrolment. Parents are required to produce proof that the residential address for the family lies within the designated boundaries. In the instance that both parents were born overseas, we required proof of residency eligibility for at least one parent– i.e.:

citizenship certificate, Australian passport or your passport that lists the visa status as "resident".

An Orientation Program for Kindergarten enrolments is conducted in Term Four, of the year before commencement. Parents of prospective Kindergarten children are invited to attend the Orientation Program. These sessions are held in Term Four to assist prospective Kindergarten students familiarise themselves with our school.

If you are unsure about starting your child because of age, maturity etc. please make an appointment to speak to the Principal.

Excursions

Each grade will hold excursions throughout the year that relate to topics of work they study in class. These are regarded as an essential part of your student's development both academically and socially.

Students also have the opportunity to participate in a number of incursions, which are visits to the school by educational groups and performers. These experiences support the class program and they form an expected component of the school curriculum.

Notes outlining the excursion and associated costs are sent home and parents are asked to return the permission note to the school office, either with the correct money or an indication that payment has been made online. Should anyone find that a specific excursion causes a severe financial burden, please contact the Principal. **Written permission from parents must be obtained before any student can participate in an excursion.**

School uniform is required, unless otherwise stipulated, and no glass containers, soft drink or confectionary are permitted for safety reasons. Also, students must wear a school hat to all activities held outside of the school. Medication held at school on behalf of students will be sent with the classroom teacher. If your child carries an asthma puffer with them, please ensure that it is packed on the day of the excursion to travel off site with them.

Extra-Curricular Activities

At Dalmeny we believe in the development of all aspects of the students not just the academic. To help with this we offer a number of activities which are additional to the curriculum. Activities include:

- PSSA sport for grades 3-6 on Fridays
- Choir
- Dance Groups
- Debating
- Public Speaking
- Chess Club
- Eco Club
- Band (fees are payable for instrument hire and tuition by a professional music tutor)

Some of these activities take place during the student's own time, such as lunch or before and after school.

First Aid

We have staff in our administration office who hold a current First Aid and CPR certification and are always available to help students with **minor** accidents which may occur at school. All teaching staff have emergency care training.

If something other than a minor accident occurs, you will be contacted directly. If for some reason you are unavailable and more medical treatment is required, an ambulance will be called. Please ensure the school has all of your contact numbers, both home, work and mobiles for all parents/caregivers so if your child is sick or injured at school, you can be contacted to collect your child.

If your child is sick it is best to keep them at home until they are fully recovered. This will prevent the spread of illness.

When your child returns to school, you are legally required to supply a note to your child's teacher explaining the absence.

Fees (voluntary school contributions)

Each family is encouraged to make a voluntary school contribution. This goes towards the purchase of additional materials to support learning programs, such as home readers, library books, art materials and other worthwhile class and school resources. Contributions are currently set at \$25.00 per child. At the commencement of the year the school will invoice parents and money will be receipted at the office.

Gates and Access

There are three pedestrian access gates to the school:

- Double main entry gate on Dalmeny Drive, close to the bus bay
- Single entry gate at top of steps close to Kiss and Drop zone
- Rear entry gate off Umbria Street – pathway access to COLA

If collecting your child from school, please agree upon a designated safe place within the school grounds for them to meet you.

If you are running late, please let the School Administration Office know. Your child will be asked to wait in the covered breezeway outside the office, under the supervision of the Bus Duty teacher. Please be reminded that school finishes at 3:00pm and that as a parent you have a duty of care to be here on time to pick up your child.

Hats

School hats are part of our school uniform and must be worn when students are in the playground, walking to and from school and to all excursions and sport outside of school. We ask parents to support us in enforcing this school rule. School hats in two designs are available for purchase from the school uniform shop - Moorebank Uniforms. We also hold a supply of school caps at the office - \$14 each. Please ensure you mark your child's hat with their name.

For sun safety reasons, Dalmeny PS encourages a 'no hat, stay under the COLA' rule. The school will contact you if your child continually ignores this school rule.

Head Lice

Anyone can catch head lice regardless of their age, sex, or how clean their hair is. How can you get rid of head lice? Daily combing using white hair conditioner with a fine-tooth comb is effective in getting rid of head lice and eggs (nits). How can you help reduce the spread of head lice?

- Regularly check your children's hair.
- Teach older children to check their own hair.
- Tie back and braid long hair.
- Keep a fine-tooth head lice comb in the bathroom and encourage all family members to use it when they wash their hair.
- Treatment: Whole family's hair should be treated with a head lice solution.

There is a great video about preventing and treating head lice at www.youtube.com/watch?v=RmhOMrP_XqE

Health

Parents are requested to ensure that the class teacher and office are notified of any health aspects that may affect their child e.g.: hearing, vision, allergies, asthma etc. Many learning difficulties occur when the school is not aware of problems, for example students may not wear glasses when required or may need specific seating arrangements within the classroom. It is advisable to acquaint each teacher annually, with such information as well as passing on information as changes or developments occur.

Homework

Teachers promote the development of effective study habits by providing tasks for completion at home on a regular basis. Parents can assist by providing a set place and time, as well as practical support. No child should devote excessive time, to homework particularly if experiencing difficulty in completion of work. If you are uncertain of requirements, please contact your child's teacher.

Activities can include reading or being read to, writing, mathematics and spelling. Sometimes short research topics might also be set.

Immunisation

Students should be fully immunised at five years of age or before starting school. Contact the Community Health Centre or your General Practitioner for details of vaccinations. Children enrolling in Kindergarten require a Certificate of Immunisation. A certificate can be obtained from Medicare. If you choose not to vaccinate your child, or you do not lodge a certificate with the school, and there is an outbreak of one of the diseases, you will be required to keep your child at home until advised by the school.

Interviews and Reporting Student Progress to Parents

Reporting to parents occurs formally twice a year. Student led conferences are hosted in Term 1, students have the opportunity to share learning goals with their parents. This is also an opportunity to meet your child's teacher. Three way parent, teacher and student interviews

are held term 3. Our school uses an online booking system for interviews. These interviews are complimented by a detailed written report at the end of Term 2. If you wish to discuss your child's progress at any point in the year, you are welcome to make an appointment by contacting the school office. End of year school reports are sent home at the end of Term 4.

If you wish to discuss your child's progress at any other time during the year please ring or call at the office to make an appointment.

Late Arrivers / Early Leavers

Where circumstances require a parent to collect a child during the day or to bring a child late, an electronic leave slip will be printed for you at the school office to give to the teacher. Please ensure you visit the office before proceeding to the classroom.

We also ask that when visiting the school to drop off a forgotten lunch, hat, homework book etc., please report to the office and obtain a visitor's pass. This pass indicates to staff and students that you have permission to be on school grounds.

Library

All students have a weekly lesson or a designated borrowing time in the library. Students are encouraged to borrow books at this time. A library bag is required when borrowing books from the school library. This bag will protect the library book from damage and spills in school bags. Waterproof school library bags are available for sale from the school office at a cost of \$10 each. It is important that books are kept out of reach of younger brothers and sisters. Any lost or damaged books must be replaced or paid for by parents.

Lost Property

All items of clothing and personal belongings, including shoes, hats and bags, should be clearly labelled with the name of each child. This will assist in the return of lost items.

Any lost property that is not labelled is placed in drawers in the administration foyer, and when that overflows, in boxes outside the office. Unclaimed property, after a reasonable time, will be allocated as second hand uniform stock, or donated to the Stewart House Clothing Appeal.

Lunch

The school teaches children that they should eat a balanced diet. Please provide your child with a nutritious lunch and a mid-afternoon snack, in addition to fruit or veg for Fruit Break. For safety reasons, students are not permitted to bring glass bottles or containers. We encourage rubbish free, no packet food, and support the use of recyclable containers. Please ensure that all lunch boxes and containers are labelled, so that they can be easily identified by your child. Please only send food products that do not require refrigeration or heating.

Medication

If students are sick we request that they stay at home until they are fully recovered. We ask that medication is not sent to school for a student to administer by them self. Parents are encouraged to request that doctors prescribe medication that only needs be taken at home, before and after school hours.

If your child is required to take regular prescribed medication at school you must make an appointment to see the Principal or Deputy Principal. Before any regular medication is

administered at school, parents are asked to complete a medication form, which can be obtained from the office. This form outlines information regarding time and dosage requirements.

This applies to both regular medication and intermittent or emergency medication. Parents are asked to complete a form to cover each child enrolled at Dalmeny Public School.

The following points should be noted:

- The Department of Education requires you to complete a Medical Administrative Authority Form. This is available from the School Administration Office. Medication must be delivered to the office by an adult and be clearly identified by label, showing the name of the patient and the dosage required. This must be handed to a staff member in the office who is responsible for first aid.
- Medication will only be given if parental consent has been given in writing. Parents and carers must be aware that responsibility for receiving the medication is entirely up to the student. Your child needs to ensure that he/she goes to the teacher at the correct time that the medication needs to be administered. Parents are encouraged to request medications that can be taken before and after school.
- Aspirin/Panadol substances will not be administered unless the student has written authorisation and where it has been prescribed by a doctor for a specific condition.
- Students diagnosed with asthma may have medication on their person, or may use a personal Ventolin puffer that is labelled with their name and stored in sickbay.

For students with asthma please provide the school with an up to date Asthma Health Care Plan from your child's doctor. While we do keep asthma medication in sickbay for emergency use, it is the responsibility of the parent to provide personal asthma medication, including a spacer to be kept in the office.

If your child can administer their puffer without the use of a spacer, they may carry the puffer with them. Puffers should be carried in pockets, and not left in school bags, as access to classrooms is not allowed during breaks. Arrangements are made for administering medication whilst on excursions.

Allergies – Please notify the school office if your child has any allergies. We will require an ASCIA Allergy Plan, printed in colour and completed by your doctor, to assist us in managing your child's allergy while at school.

Mobile phones and Electronic Devices

As a communication device, mobile phones when used appropriately, offer students and their parents many advantages in terms of ease of communication and a sense of personal safety.

A mobile phone may be used during the journey to and from school. However, once at school, the mobile phone must be turned off and placed in the allocated box in the School Office. If a student needs to contact a parent urgently during the day, a telephone call can be made from the office. Mobile phones can be collected from the library at the conclusion of the school day.

Students and parents need to be aware that students who bring mobile phones to school, do so at their own risk. No responsibility will be accepted for any loss or damage of mobile phones.

Money Collection/Payments

All money collected at the school for excursions, visiting performers, purchases, donations etc. should be sent to school office in a sealed envelope with the child's name, class and the purpose for the money written on the outside. Eftpos payment may be made directly over the counter at the office.

Payments can also be made via our website at: www.dalmeny-p.schools.nsw.edu.au Select the "\$" Make a Payment link then follow the payment prompts. This option is available as a means to pay for anything you would normally pay at the front office. Please be advised that this is a secure payment system and card details are not passed back to the school. By using this option you can print your own receipts or have the receipt emailed to your email account. This gives you immediate proof that you have paid for the item. Record your receipt number on the permission note then return it to school as normal. Your payment will be reconciled against the receipt number on the permission note.

Cash payments for school excursions, uniforms, voluntary contributions etc. are receipted individually to students and a receipt will be sent home with your child. Larger amounts can be paid by instalment. We endeavour to keep costs to a minimum, but this must be balanced with the need to provide a wide-ranging variety of stimulating learning opportunities for the children. Prompt payment of fees and for activities is always appreciated.

Mufti Days

At various times during the year the school runs mufti days. On these days, the children wear casual clothes and bring a donation to 'pay' for the privilege of not wearing a school uniform. Donations take different forms and are advised in advance in the school newsletter or by a note. These days are usually for fundraising or charity purposes.

Newsletter

The newsletter is sent home fortnightly on Tuesdays during school term with the eldest child in the family. It is also available through the Skoolbag App and can be downloaded from the school website at: www.dalmeny-p.schools.nsw.edu.au

The newsletter keeps you up to date with relevant activities occurring in our school over the coming weeks. Only photos of students with permission will be published and no student surnames will be published. Would you please make a practice of looking in your child's schoolbag for this and other important notices which are sent home from time to time informing you of school activities.

Parent Helpers

We welcome, parents, grandparents and other close family members to assist us in many different areas throughout the school. All helpers will be asked to complete an "Appendix 5 – Declaration for Volunteers and Non Child Related Contractors" and provide 100 points of identification. This needs to be completed only once, unless your circumstances change.

As parent helpers, you do not need a WWCC (Working with Children Check) number.

All parent helpers are also required to sign in and sign out of the Visitor Register held in the office at each visit. There are Visitor Badges at the front office for Parent Helpers to wear, for identification purposes.

Parking

Unfortunately, parking around the school is restricted. A 'Kiss and Drop' zone is located to the right of the roundabout at the end of San Marino Drive. This is only for drop off of students and no parking is allowed. There is limited parking in Dalmeny Drive but more can be found at the rear entrance to the school on Umbria Street.

The staff car park is for staff only, unless prior permission and an access pass have been allocated by the Principal. The car park must not be used as a drop off or pick up area. It is highly unsafe to have students walking through the car park.

Parents are requested to adhere to the following parking signs:

- 'No Stopping' - stopping is not permitted at any time. If times of operation are shown on the sign, the restriction only applies during the times shown.
- 'Bus Zone' – drivers are not permitted to stop within a bus zone at any time. If times of operation are shown on the sign, the restriction only applies during the times shown.
- 'Double Parking' – drivers are not permitted to stop or park alongside another vehicle that is already parked parallel to the kerb. Double parking decreases visibility for motorists and pedestrians, and significantly reduces road safety around the school
- 'No Parking'- drivers can stop in this zone, to drop off or pick up passengers or goods for a maximum of 2 minutes only. The driver must remain in or within 3 metres of the vehicle at all times. The vehicle must not be left unattended. If times of operation are shown on the sign, the restriction only applies during the time shown. No Parking zones can also be used to drop off and pick up children.

Please pay particular note to the 'No Standing' and Bus Zone requirements and also the 40kph speed zone around the school. These areas are regularly policed by Council Traffic Wardens and Police. Fines of up to \$337, with a loss of 2 demerit points (as at Aug 2018), continue to be regularly issued to parents who are illegally parked.

Permission to Publish

Parents must complete a Permission to Publish form, to allow the school to publish photos of their child in the Newsletter or on the website or local newspaper. No surnames are used.

Protection from the Sun

We encourage all students to adopt healthy skin protection behaviours. We help children gain knowledge, attitudes and skills to adopt a healthy lifestyle which will reduce their risk of skin cancer. Precautions we teach students to take are:

- wearing broad brimmed hats
- wearing school uniform as protective clothing;
- applying 30+ broad spectrum reliable sun screen when spending time in the sun; and
- remaining in the shade (11.00 a.m. - 3.00 p.m. daylight saving time).

The school is mindful of the scheduling and location of outdoor activities. Wearing of hats before school, during lunch/afternoon tea/PE/sport and on all excursions of sporting activities

outside of school, is compulsory. We ensure students without hats remain within shaded or covered areas during lunch and afternoon tea breaks.

Dalmeny Public School has a "NO HAT – play under the COLA" Policy.

Religious Instruction (Scripture Lessons)

Scripture teachers provide religious instruction each Monday afternoon between 2.30pm to 3.00pm. Representatives from the Protestant, Roman Catholic, Hindu, Greek Orthodox and Islamic organisations deliver lessons at the school. If you have a concern about the Scripture group your child has been allocated to, please contact the school.

Staff Development Days

In Terms 1, 2 and 3, the first day of the term is designated as a Staff Development Day and students do not attend. The final two days of the school year in Term 4 are also Staff Development Days.

On these days, the school staff participate in training courses to further develop teachers' skills.

School Hours

8:30 am	Children may enter school grounds
9.00 am	School commences
10:50 am	Lunch time (children eat lunches supervised by class teacher)
11.00 am	Lunch playtime
11:30 am	Return to class
1:30 pm	Afternoon tea break
2:00 pm	Return to class
3:00 pm	Dismissal. Bus students meet on the grassed area behind classroom 1. The bus duty teacher will walk students to the buses for boarding.

Children should arrive at school between 8.30am and 8.57am so that they are ready for morning classes. For safety and welfare reasons no children should be at school prior to 8.30am or after 3.00pm unless they are accompanied by a teacher or parent/caregiver.

Children are dismissed at 3.00pm. Please be on time to pick up your child. If you are delayed through an emergency or circumstances beyond your control, please telephone the school and we will arrange for your child to wait with the bus duty teacher near the office.

Security

Although the school is alarmed with motion detectors and fenced, incidents of vandalism can occur. If you witness an event or suspicious activity, please contact the police on 000 or School Security on 1300 880 021.

Skoolbag App

To support our communications with parents, we now use the Skoolbag App to send notifications. This App has some great features including the ability to update parents with upcoming events, time of buses due back from excursions and camps, absent notes sent directly through to the school, and newsletter viewing are just a few examples and can be received via your smartphone.

To install the App, just search for our school name "Dalmeny Public School" in either the Apple App Store, or Google Play Store. This is a free App.

Sport

Our sporting programs are designed to meet the physical education requirements of all children from Kinder to 6 per the NSW DoE Sport in Schools Policy.

Sport is timetabled to take place on the same day every week. Your child's teacher will let you know the day.

Students in Grades 3 - 6 are given the opportunity try out for various sports teams, which play in competitive games every Friday. This is referred to as PSSA (Primary School Sport Association). We presently play:

- Cricket, Softball & T-Ball, AFL, Oztag and Newcombeball during Terms 1 and 4 (summer)
- Soccer, Rugby League, Touch Football, Netball and Hockey during Terms 2 and 3 (winter)

The school holds its annual Swimming Carnival in Term 1 at a public pool. A two week swim school for non-swimmers in Year 2 is offered later in the year.

Our Athletics and Cross Country Carnivals usually happen during the winter months. The Primary carnivals are held off-site at the Ash Road Sporting Complex. These carnivals involve our students in Years 3-6, however, Year 2 students who turn 8 years old during the year may nominate to compete.

These carnivals provide opportunities for students (ages 8 to 13) to qualify to move on to represent Dalmeny at Zone, then Regional and State levels of competition.

An Athletics Carnival for students in Grades K-2 is held on-site during Term 3.

Sporting Houses

Each student is allocated to a House group for sporting and other activities on enrolment. Siblings will be in the same House. The house colours are:

- | | |
|----------------------|---------------|
| • Minichiello | Red |
| • Wenden | Yellow |
| • Fitzpatrick | Green |
| • Kantek | Blue |

Support Unit

The support unit offers an alternative class placement to mainstream education for students with moderate intellectual disabilities. Students are supported in a caring and inclusive environment. Placements in our school are allocated by a Regional Panel with students travelling from surrounding areas.

Our classes include one autism class, one IO class and two IO/Autism classes. These classes emphasise functional academics, life skills, fitness and community access. Students enjoy a range of activities, including cooking, athletic carnivals and participation in excursions. The smaller class numbers allow for greater staff ratio and more intensive support to address student individual needs. Access to speech and occupational therapy services are available during school hours through NDIS allocation.

Students participate in regular school routines and are required to wear school uniform. Special Transport Services may be offered for eligible families. Further information about the support unit at Dalmeny PS is available by contacting the school office.

Student Representative Council (SRC)

A Student Representative Council (SRC) is formed each year comprising representatives from Kindergarten to Year 6. Members are elected from among their peers. Issues of concern to students are raised for discussion at scheduled meetings. The SRC also organises fund-raising events throughout the year, donating all profits to charities selected by the students.

Student Wellbeing

The social, intellectual, emotional and physical well-being of all students in the school involves the recognition and development of each student as a worthwhile and unique person.

Our school policy embeds the DoE Wellbeing Framework and is based on the principles of Connect, Succeed & Thrive. All students are encouraged to have a growth mindset.

Copies of our Student Wellbeing Policy and Procedures for the Suspension and Expulsion of School Students are available from the office upon request.

Telephone Messages

Telephone messages to be passed on to students will be taken only in cases of extreme emergency. All messages such as reason for absence, change of routine etc. should be communicated to the class teacher in writing. Please make sure that your child is aware of his or her routine, including how they are to go home each day.

Text Books

Grades may choose to use a text book to support the delivery of curriculum content. At the beginning of each school year, a letter will be sent home outlining the resources, that will be used for each grade and the costs involved. If you are experiencing financial difficulty, please do not hesitate to contact the Principal who will confidentially deal with this issue and assist where possible. These books supplement the wide range of learning opportunities and resources provided in each classroom.

Traffic Issues

Student safety is our primary concern. We request your support in being a good role model for all students. Please observe all parking restrictions and obey traffic rules when dropping off and picking up your child. You can help by:

- ensuring children use the pedestrian crossing on Dalmeny Drive. Flags indicating "Children Crossing" are displayed each day at this crossing. There is a 'School Crossing Supervisor', from the RTA, on duty before and after school.
- parking only in the designated areas – do not park in 'No Parking' areas or bus bays;
- teaching your children the safest route to and from home;
- where possible walk children to and from school or use the available bus transport to minimise traffic movement around the school;
- teaching your children to **Stop, Look, Listen** and **Think** before they cross the road;
- driving carefully at all times and reporting any incidents and dangerous behaviour by students to school staff.

Transfer / Leaving Students

Parents of students leaving this school are asked to contact the school office. To assist with staffing and other organisational aspects, parents are required to notify the school, well in advance, when it is known that a student is leaving. All outstanding library books must be returned. The donation of uniforms that will no longer be required is greatly appreciated. These are used for emergency changes of clothes, or are on-sold at Second Hand Uniform stalls by our P&C representatives.

Uniform

School uniform helps maintain school pride. All students are expected to wear school uniform, including black school shoes. Children are more easily identifiable when off the school premises on excursions or at sport.

Children should not wear nail polish or excessive jewellery to school. The only exceptions are watches and stud or small sleeper earrings. Jewellery of a religious nature may only be worn if it is concealed beneath a uniform. School hats are essential as we have a 'No Hat – Play under the COLA' policy.

Uniform purchases are available from: *MOOREBANK UNIFORMS & EMBROIDERY*

Located at:

Shop 30

Moorebank Shopping Village

Stockton Avenue

MOOREBANK NSW 2170

Telephone: 9602 4387

Shop 2/190

George Street

LIVERPOOL NSW

Telephone: 9601 0812

Hats and library bags are available for purchase from the administration office.

Dalmeny Public School

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Itemised Uniform List

Girls Summer Uniform	Boys Summer Uniform
Blue Checked Dress	Blue School Polo Shirt
Navy Culottes shorts	Navy shorts
Blue School Polo Shirt	
Navy Cap or Bucket Hat	Navy Cap or Bucket Hat
White socks	White Socks
Black shoes	Black Shoes
Navy Sloppy Joe or Zip Jacket	Navy Sloppy Joe or Zip Jacket
Girls Winter Uniform	Boys Winter Uniform
Navy / Teal Tartan Pinafore	
White Skivvy	
Navy Blue Trousers or Track pants	Navy Blue Trousers or Track pants
White Skivvy or Blue School Polo	White Skivvy or Blue School Polo
Navy Zip Jacket	Navy Zip Jacket
White Socks	White Socks
Black Shoes	Black Shoes
Navy Cap or Bucket Hat	Navy Cap or Bucket Hat

Sport Uniform – Boys & Girls: Navy shorts and Navy/ Teal t-shirt, flexible sole shoes and white socks.

PSSA Uniforms: Team jerseys are distributed each Friday to players. Some sports may require students to wear the Navy/Teal stripe football socks that are available for purchase from the school office.



Our School Song

Children of Dalmeny

Take a trip down Dalmeny Drive
There's a school and it has come alive
Respect is what we believe
Helps pave the way towards quality.

We are the children of Dalmeny
We come from nations both near and far
Together we stand tall
Striving for what we stand for
Educating tomorrow's leaders.

We endeavour to achieve in every way
Caring and sharing in work and play
United as one, together we'll see
Our way toward quality.

We are the children of Dalmeny
We come from nations both near and far
Together we stand tall
Striving for what we stand for
Educating tomorrow's leaders.

healthy canteens menu



Crunch & Sip \$2.30

Only Available Before 9am



Bottle Water 600ml
Plus Choose One :
Apple or
Banana



FRESH & COLD

	REG	LGE
APPLE - MANDARIN - BANANA E	\$ 1.00	
FROZEN GRAPES SNACK PACK E	\$ 2.00	
FROZEN ORANGE SNACK PACK E	\$ 2.00	
WATERMELON BOWL E	\$ 2.00	\$ 4.00
GRAPES BOWL E	\$ 2.50	
FRUIT SALAD BOWL E	\$ 3.00	\$ 4.50
JELLY BOWL O		\$ 1.50
CUSTARD & JELLY BOWL VANILLA O		\$ 2.00
CORN FLAKES WITH MILK E		\$ 2.20
NUTRI GRAIN WITH MILK E		\$ 2.20
CUSTARD BOWL VANILLA E		\$ 2.50
YOGHURT LOW FAT VANILLA E		\$ 3.00



DRINKS

WATER 600ML E	\$ 2.00
POPPER 100% JUICE 300ML APPLE, ORANGE, ABC E	\$ 1.80
PLAIN MILK 300ML E	\$ 1.80
OAK MILK 300ML CHOCOLATE, STRAWBERRY E	\$ 2.50
JUICE BOMB 250ML ORANGE PASSION, RASPBERRY E	\$ 2.50
CHILL J 100% JUICE 250ML RASPBERRY, GRAPE E	\$ 2.50
UP N GO 250ML CHOCOLATE, VANILLA E	\$ 3.00
APPLE OR ORANGE JUICE 350ML E	\$ 3.00
ICE TEA 500ML PEACH, RASPBERRY E	\$ 3.50
ALOE VERA 500ML GRAPE E	\$ 3.50



BREAKFAST

TOAST ASSORTED SPREADS E	\$ 1.00
HASH BROWN O	\$ 1.20
CHEESE ROCKET MELTED CHEESE E	\$ 2.00
HAM & CHEESE ROLL E	\$ 2.50
HOT CHOCOLATE E	\$ 1.60

Many More Fresh Healthy Items Are Available
Over The Counter Every Morning



QUICK BITES

POPCORN E	\$ 1.00
BROWNIE HOME MADE O	\$ 1.00
CHIPS 28GM HONEY SOY, SEA SALT O	\$ 1.80
PIZZA BUNS HOME MADE SAUCE & CHEESE E	\$ 1.50
ONLY AVAILABLE OVER THE COUNTER	
CARROT STICKS & HUMMUS CUP E	\$ 1.50
CHEESE PACK CHEESE & CRACKERS E	\$ 1.50
CALCIUM PACK CHEESE PACK + PLAIN MILK E	\$ 3.00
VARIETY PACK CARROT, CHEESE, CRACKERS, HUMMUS E	\$ 3.00

ICE COLD TREATS

FROZEN JUICE CUP E	\$ 1.20
APPLE, ORANGE, APPLE BLACKCURRANT	
FRUITY ICE E	\$ 0.50
SOUR SNAP APART E	\$ 1.00
FROZEN JUICE TUBE ASSORTED FLAVOURS E	\$ 1.00
ICE MONY CHOCOLATE, STRAWBERRY E	\$ 1.50
TNT SOURS BLUE RASPBERRY E	\$ 1.50
FROZEN SMOOTHIE MADE IN THE CANTEN E	\$ 3.00

ALL ICE BLOCKS SOLD IN THE CANTEN ARE JUICE BASED

Ice Cold Treats Are Not Put Into Your
Lunch Order Bag. They Should Be Collected
From The Canteen After The Eating Period



GLUTEN FREE

CHICKEN BREAST NUGGET 100% BREAST SDR	\$ 0.80
4 PACK	\$ 3.00
6 PACK	\$ 4.20
HASH BROWN* O	\$ 1.20
LASAGNA BEEF E	\$ 5.00
MACARONI & CHEESE E	\$ 5.00
LASAGNA VEGETABLE E	\$ 5.00
MEAT PIE BEEF SDR	\$ 5.00
PIRANHA RICE SNAPS VEGE RICE CRACKERS SDR	\$ 2.20
SMITHS CHIPS 27GM SALT & VINEGAR SDR	\$ 1.80

* HASH BROWNS ARE GLUTEN FREE BUT ARE MADE IN A
FACTORY THAT PROCESSES PRODUCTS WITH GLUTEN

PLEASE WRITE "GLUTEN FREE"
ON YOUR LUNCH BAG

HEALTHY SNACKS - ONLY AVAILABLE OVER THE COUNTER

SUSHI SANDWICH BITES E	\$ 0.50
MINI QUICHES CHICKEN OR VEGETARIAN E	\$ 1.00
BOLOGNESE BOATS BEEF BOLOGNESE IN A TOAST CUP E	\$ 1.00
MINI MUFFINS BANANA & HONEY, APPLE & CINNAMON E	\$ 1.00
SCROLLS ASSORTED FRUIT AND HEALTHY FILLINGS E	\$ 1.00
WATERMELON PIZZA TOPPED WITH OTHER FRUITS E	\$ 1.00
ZATAAR PIZZA SLICE AUTHENTIC ZATAAR HERBS E	\$ 1.00
QUESADILLA TRIANGLES ASSORTED FILLINGS E	\$ 1.00
FRUIT KEBAB SEASONAL FRUITS ON A STICK E	\$ 1.00
SALSA SALAD TORTILLA CHIPS BOWL E	\$ 1.50
VERMICELLI NOODLES CHICKEN, CARROT, CUCUMBER E	\$ 1.50

WE ADD LOTS OF NEW HEALTHY COUNTER SNACKS EVERY WEEK
SEND US A MESSAGE ON FACEBOOK IF YOU HAVE ANY IDEAS



VIETNAMESE RICE PAPER ROLLS FRESH FILLINGS E	\$ 2.00
ASIAN CHICKEN & SWEET CORN SOUP E	\$ 2.00
PAD THAI NOODLES CUP E	\$ 2.00
CHEESE & SPINACH PASTA CUP NAPOLITANA SAUCE E	\$ 2.00
PASTA BOLOGNESE CUP E	\$ 2.00
SAVOURY PASTRIES FRESH VEGES AND MEATS E	\$ 2.00
BUTTER CHICKEN CUP E	\$ 2.00
SMOOTHIES FRESH FRUIT AND MILK E	\$ 2.00
SPICY CHICKEN WING & VEGE FRIED RICE E	\$ 2.00
PASTA NAPOLITANA CHICKEN OR VEGETARIAN E	\$ 2.00

YOU CAN FEEL COMFORTABLE KNOWING THAT IF YOU GIVE YOUR
CHILD \$2 THEY CAN CHOOSE FROM LOTS OF HEALTHY FOODS

ITEMS ON THE MENU ARE HALAL (EXCLUDING ALL PORK BASED PRODUCTS)



Online Ordering & Exclusive Weekly Specials
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healthy canteens menu



HEALTHY SCHOOL CANTEENS FOOD CODING E - EVERYDAY O - OCCASIONAL

SANDWICHES

VEGEMITE OR JAM OR HONEY E	\$ 2.00
CHEESE E	\$ 2.00
HAM E	\$ 2.50
EGG OR EGG & LETTUCE E	\$ 3.00
HAM & CHEESE E	\$ 3.00
SALAD E	\$ 3.00
CHICKEN E	\$ 3.20
TUNA E	\$ 3.20
HAM & SALAD E	\$ 3.30
HAM, CHEESE & TOMATO E	\$ 3.30
CHICKEN & CHEESE E	\$ 3.50
CHICKEN, LETTUCE & MAYO E	\$ 3.50
HAM, CHEESE & SALAD E	\$ 3.50
CHICKEN, CHEESE & TOMATO E	\$ 3.50
CHICKEN & SALAD E	\$ 3.80
TUNA & SALAD E	\$ 3.80
GLUTEN FREE BREAD E	\$ 1.00

CHOOSE FROM : WHITE, WHOLEMEAL, GLUTEN FREE

Meal Deals

Choose One Main Item
Choose One Drink
Choose One Other Item

MAIN ITEM

CHICKEN BREAST NUGGETS X 4	\$ 5.20
HOT DOG	\$ 5.20
ANY SANDWICH	\$ 5.50
ANY HOME MADE PIZZA	\$ 5.80
ANY PASTA OR RICE	\$ 6.00
CHICKEN BREAST NUGGETS X 6	\$ 6.20
ANY SALAD BOWL	\$ 6.50
ANY WRAP OR BURGER	\$ 6.50



OTHER ITEM

APPLE
BANANA
MANDARIN
POPCORN



DRINK

BOTTLE WATER 600ML
POPPER
OAK MILK (ADD 50c)



WRAPS

CHEESE ROCKET MELTED CHEESE E	\$ 2.00
CHICKEN PIZZA ROCKET CHEESE, SAUCE E	\$ 3.00
HAM PIZZA ROCKET CHEESE, SAUCE E	\$ 3.00
SALAD E	\$ 4.00
LETTUCE, TOMATO, CUCUMBER, BEETROOT, CARROT	
CAESAR LETTUCE, BACON, EGG, CHEESE E	\$ 4.00
HAM & SALAD E	\$ 4.30
HAM, CHEESE & SALAD E	\$ 4.50
CHICKEN, LETTUCE & MAYO E	\$ 4.50
SWEET CHILLI CHICKEN O	\$ 4.80
SWEET CHILLI CHICKEN TENDERS, LETTUCE, MAYO	
CHICKEN SALAD E	\$ 4.80
CHICKEN CAESAR SALAD E	\$ 5.20

RICE PAPER ROLLS

CHICKEN LETTUCE, CARROT, CUCUMBER E	\$ 4.00
VEGETARIAN ASSORTED FRESH SEASONAL VEGES E	\$ 4.00
SWEET CHILLI CHICKEN, LETTUCE, CARROT, CUCUMBER O	\$ 4.00

Vietnamese Rice Paper Rolls have 2 Per Serve

PASTA & RICE

BUTTER CHICKEN WITH RICE E	\$ 4.00
SPAGHETTI BOLOGNESE BEEF SAUCE E	\$ 4.00
MACARONI & CHEESE E	\$ 4.00
LASAGNA BEEF E	\$ 4.00
CHEESE & SPINACH RAVIOLI NAPOLITANA SAUCE E	\$ 4.00
LASAGNA VEGETABLE GLUTEN FREE E	\$ 5.00

Made Fresh On The Premises

NACHOS

BEEF NACHOS HOME MADE SAUCE ADD CHEESE 50c O	\$ 4.50
SALSA NACHOS TOMATO SALSA ADD CHEESE 50c O	\$ 4.50

PASTRIES

PARTY PIE LOW FAT O	\$ 1.20
SAUSAGE ROLL LOW FAT O	\$ 3.00
MEAT PIE LOW FAT O	\$ 3.50
POTATO PIE LOW FAT O	\$ 4.50

HOME MADE PIZZA

CHEESE E	\$ 3.60
HAM & CHEESE E	\$ 4.00
BBQ CHICKEN BBQ SAUCE E	\$ 4.20



BURGERS

SWEET CHILLI ROLL TENDER, CHEESE, BBQ O	\$ 3.50
CHICKEN BREAST FILLET, LETTUCE, MAYO E	\$ 4.50
CHEESEBURGER BEEF, CHEESE, TOMATO SAUCE E	\$ 4.50
VEGE CHICKPEA & LENTIL PATTIE, LETTUCE, MAYO E	\$ 4.50
AUSSIE BEEF LETTUCE, TOMATO, BEETROOT, BBQ E	\$ 4.50
CHICKEN, CHEESE & BBQ BREAST FILLET E	\$ 5.00

EXTRAS

SAUCE PORTION - BBQ OR TOMATO SAUCE	\$ 0.40
TOMATO, BEETROOT, CUCUMBER, CARROT, ONION	\$ 0.40
CHEESE SLICE \$ 0.50 SHREDDED CHEESE	\$ 1.00

SALAD BOWLS

	REG	LGE
GARDEN E	\$ 3.00	\$ 4.00
LETTUCE, TOMATO, CUCUMBER, BEETROOT, CARROT		
CAESAR E	\$ 3.00	\$ 4.20
LETTUCE, BACON, EGG, CHEESE, CROUTONS		
SWEET CHILLI CHICKEN O	\$ 3.00	\$ 5.00
LETTUCE, TOMATO, SWEET CHILLI MAYO		
HAM & GARDEN SALAD E	\$ 3.00	\$ 5.00
CHICKEN & GARDEN SALAD E	\$ 3.00	\$ 5.00
TUNA & GARDEN SALAD E	\$ 3.00	\$ 5.00
CHICKEN CAESAR E	\$ 3.00	\$ 5.20
EXTRAS		
CHEESE, EGG, CHICKEN E	\$ 1.00	

The Canteen Uses Real 100% Breast Chicken
For All Our Fresh Sandwiches, Wraps And Salads

HOT BITES

CHICKEN BREAST NUGGET 100% BREAST O	\$ 0.80
4 PACK	\$ 3.00
6 PACK	\$ 4.20
MINI SPRING ROLL VEGETARIAN OVEN BAKED O	\$ 0.90
HASH BROWN O	\$ 1.20
CORN COB E	\$ 1.20
CHICKEN WING HOT & SPICY E	\$ 1.20
GARLIC BREAD O	\$ 2.00
HAM & CHEESE ROLL E	\$ 2.50
HOT DOG WITH TOMATO SAUCE O	\$ 3.00
CUP NOODLES * CHICKEN - BEEF - ORIENTAL V O	\$ 3.00

* Cup Of Noodles Are Not Put In Lunch Baskets *
Children Must Collect Them From The Canteen

WORLD FOODS

ZATAAR PIZZA SPECIAL HERBS & CHEESE E	\$ 3.60
PAD THAI NOODLES AUTHENTIC CHICKEN & VEGE E	\$ 4.00
CHINESE FRIED RICE VEGETARIAN AUTHENTIC E	\$ 4.00
PRAWN DUMPLINGS X 4 STEAMED E	\$ 4.50

Made Fresh On The Premises

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Healthy Canteens Australia

FOR EXCLUSIVE HEALTHY COUNTER SNACKS
AND WEEKLY SPECIALS UPDATES



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